

Donating sperm at Repromed

Thank you for signing up for donating sperm with Repromed. It's an incredible gift you can give and not a decision to be taken lightly. This overview will give you a comprehensive understanding of the criteria and what is involved.

The first thing to note is that donating must be altruistic – driven from a need of wanting to help others. While your costs are covered, there is no payment for your good deed. But what a wonderful contribution you can make – it is truly life changing for another person or couple, and they will forever be grateful for your help.



WHO IS SUITABLE

You must meet the following criteria:

- Between 20 – 45 years old
- NZ Citizen or NZ Permanent Resident
- You look after yourself - not into smoking, binge drinking or drugs
- You're healthy – not affected by an illness, disease or genetic condition that poses an unacceptable risk of being passed on to a child conceived
- You're a genuine, nice guy who is comfortable that you may be contacted by a child or children conceived. They can request your information after they're 18 years. You have no legal or financial responsibilities for any donor conceived children.

COMPENSATION

- It is not legal in NZ to offer financial payment for your donation
- However you'll receive a \$50 Prezy Card for each visit / donation to cover any expenses

PROCESS OVERVIEW

The process to successful sperm banking has a few steps. But understandably, our goal is to provide someone or a family with a healthy child and a supportive, genuine donor.

- Contact Donor Coordinator at Repromed expressing your interest
- Book appointment for initial semen analysis
- Medical consultation with Doctor
- First counselling appointment
- Given 'Non identifying information Profile' to complete
- Second counselling appointment
- Consent signing
- Regular sperm bankings
- Quarantine blood test 3 months after LAST banking
- Samples released from quarantine & we're DONE!

Note that it requires travel to our Remuera clinic in Auckland.

WHAT THE LAW SAYS

The Human Assisted Reproductive Technology (HART) Act 2004 is the act in NZ that provides a framework for regulating assisted reproductive procedures. The relevant details about sperm donation is provided below:

- Minimum age of 18
- The recipient/s, couple are the legal parent/s, and therefore you have no rights or responsibilities (including child support) to the child/children born as a result of your donation
- The status of Children Amendment Act 2004 covers the legal issues associated with donor treatment
- In New Zealand, a child born from the use of donated sperm is, on reaching the age of 18 years, entitled to full identifying information on the donor
- The recording of the birth is governed by the HART (Human Assisted Reproductive Technologies) Act 2004, where details about the birth, the parents of the child, and the donor, must be recorded on a central register which is maintained by the Department of Internal Affairs, Births, Deaths and Marriages



Repromed has a policy of maximum 5 families created per donor.

SCREENING REQUIRED

There are a number of tests to ensure that all sperm donors have the highest possible chance of providing a healthy child that is not at risk of any illness or disease. Below are the tests you will need to have:

Blood test for:

- HIV
- Hepatitis B
- Hepatitis C
- Syphilis
- CMV IgG/IgM (cytomegalovirus)
- Karyotyping (number of chromosomes)
- Blood group

One urine test for:

- Chlamydia
- Gonorrhoea

One saliva test for three of the most common severe genetic conditions:

- Fragile X
- Cystic Fibrosis
- Spinal Muscular Atrophy

Your partner (if applicable), will also be required to have a single blood test for HIV, Hepatitis B, Hepatitis C and Syphilis.

3 months after your last banking, you will be required to have one more blood test for HIV, Hepatitis B and Hepatitis C, to release your samples from quarantine.

KNOWN VERSUS UNKNOWN DONORS

There are two types of sperm donors at Repromed:

- a. Clinic donors, who donate their sperm anonymously to a recipient who is not known to the donor
- b. Known or personal donors, who offer to donate their sperm to a friend or relative

Both types of donors undergo a similar workup and treatment process. Known donors have a joint counselling session with their recipients to ensure that all parties have given adequate consideration to their future relationships with the potential child and one another.

Clinic donor's identifying information is protected and confidential. If however both the donor and recipient express interest in information sharing and/or meeting, this can be facilitated through our clinic counsellors.

Overall, it is essential that all sperm donors agree to be identifiable to any resulting children seeking contact when they reach 18 years. Details of donors, offspring and their guardians are held at The Department of Internal Affairs Births, Deaths and Marriages. All these factors will be discussed with you in counselling.

CONSENT FORMS

It is our obligation to ensure that sperm donors understand the process, and implications of donation before signing all of the relevant consent forms. This is to ensure understanding of the process and implications for the future. It also allows donors to state any special conditions to their donation. The following consent forms and questionnaires must be completed:

1. Privacy consent
2. Sperm donor consent
3. Personal health questionnaire
4. Donor family medical history
5. Consent to freeze and storage of sperm
6. Sperm donor Non-Identifying Information form

THANK YOU

The contribution you are making is life changing. It's not a quick process because of its importance – the ambitious goal is creating life. We have a shortage of sperm donors and you will be providing hope for someone desperately keen to have a family. Thank you!

Call 0800 483 105 or email donors@repromed.co.nz to sign up.

repromed.co.nz