



Northern Region Fertility Services

How to refer your patient



HOW IS ELIGIBILITY FOR PUBLICLY FUNDED TREATMENT ASSESSED?

All patients have to attend a First Specialist Assessment (FSA) appointment with a fertility specialist at which time the patients eligibility will be assessed for publicly funded tertiary treatment using a CPAC scoring tool.

To expedite the process, patients can have a private consultation at Repr@med to be assessed for public treatment.

REQUIREMENTS FOR ELIGIBILITY

Auckland and Northland patients must pass the following criteria to access a publicly funded first specialist appointment:

- Have had at least a year of infertility (12 months of intercourse and trying for pregnancy) before they can be referred, unless there is a known severe cause for the infertility (such as very poor quality of sperm or anovulation)
- The woman must be under the age of 40 at the date of referral. Her BMI must be less than 35 on the first specialist appointment date and 32 or under on the treatment start date
- The man must be under the age of 55 years at the date of referral. His BMI must be less than 40 on both the first specialist appointment date and the treatment start date
- Both non-smokers for 3 months prior to treatment
- They will not be eligible if they have two or more children (including adopted children) of any age to the same relationship, or from a previous relationship/s living at home (at least half of the time).

NZ RESIDENCY

Both partners must have NZ residency, citizenship or a work visa showing at least 2 years.

GPs ARE ABLE TO REFER PATIENTS FOR PUBLIC OR PRIVATE FSA APPOINTMENTS

If GPs are arranging a public referral, both partners height/weight information needs to be recorded and the following tests are required:

- Semen analysis
- Antenatal blood screening
- Current smear
- HIV, Hep B, Hep C (male and female)
- FSH (or AMH) and estradiol level Day 2-4 of cycle (within 6 months)
- Progesterone level 6-8 days before menses.

You will then forward the patients referral to the NRFS for a public First Specialist Appointment.

PUBLIC REFERRALS SHOULD BE SENT BY E-REFERRAL

Go to MyHealthLink Portal for e-referral forms or email: NorthernRegion.FertilityService@waitematadhb.govt.nz

GOOD TO KNOW

They are welcome to consider privately funded treatment at any stage. Some people consider this once they are eligible and waiting for publicly funded treatment, while others do not want to wait until they become eligible.

CRITERIA AND WAIT TIMES

Criteria for publicly funded treatment are the same across New Zealand. Patients need to obtain at least 65 points using the fertility CPAC tool. The CPAC score can only be calculated by a fertility specialist.

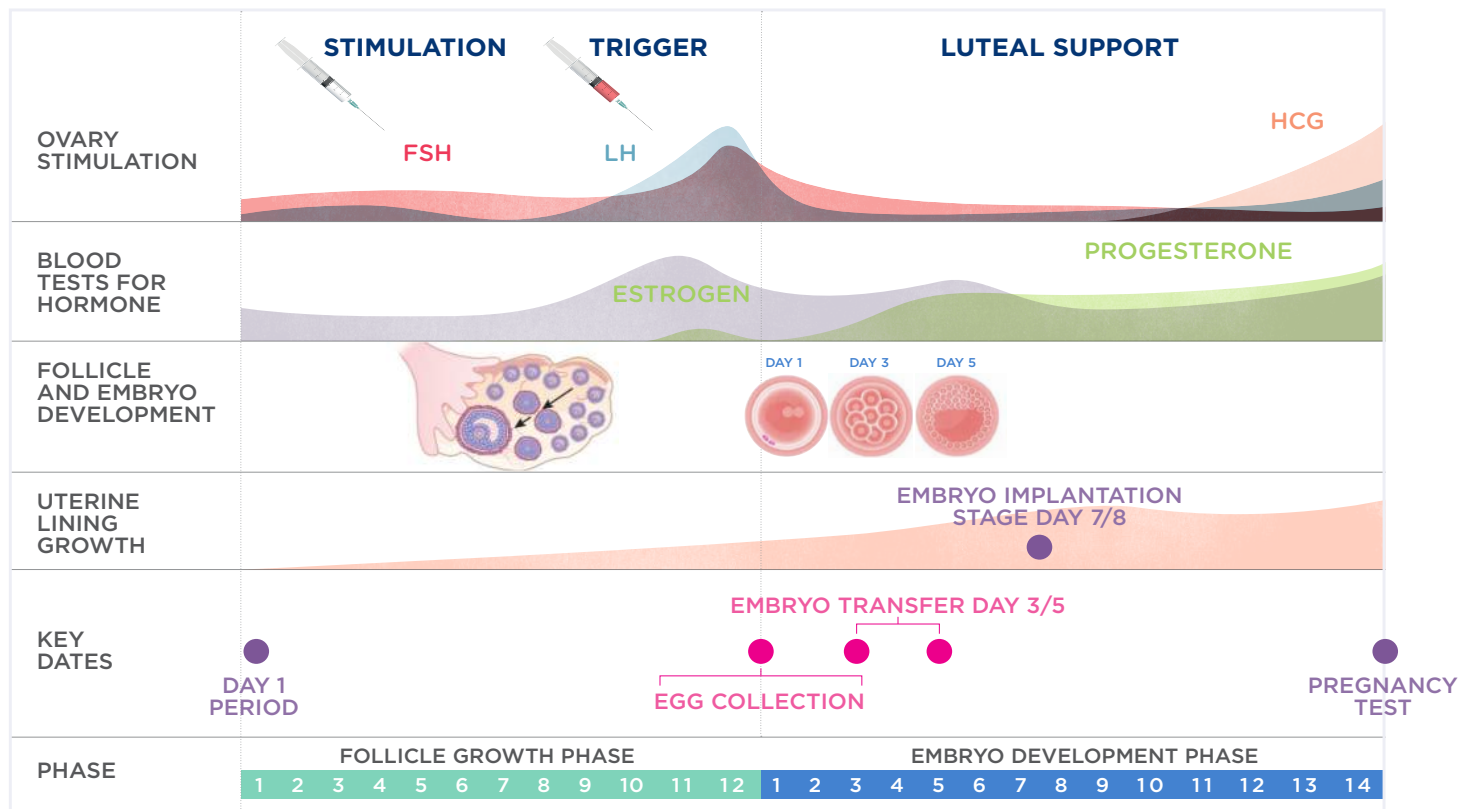
Current wait times, eligibility criteria and details about fertility preservation (i.e. sperm and egg freezing for medical reasons) are all on the Public Funding page on the Repr@med website.

IVF CYCLE OVERVIEW

AN OVERVIEW OF YOUR IVF/ICSI CYCLE

This picture provides an overview of what is going on inside your body during the 28 day menstrual cycle during your IVF treatment. The various tests and procedures during the treatment cycle are overlaid to give you an idea of the successive timeframes and phases.

The main difference between an IVF cycle and a regular menstrual cycle is that ovulation doesn't take place during IVF. Your IVF cycle is split into two roughly equal 12-14 day phases – follicle growth and then embryo development phase, giving approximately 28 days for the full cycle.



GRAPHING YOUR AMH TO PREDICT OVARIAN RESERVE

